1:Arensberg & Kimball E-5 (1932-1934) 1940
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by greed for land and dowries. Sex without familism seemed beyond the country people's imagination.

But the last statement must be qualified in a definite direction. It is only for themselves that they seemed to be unable or, better, unwilling to imagine a sexuality without familism. Other patterns of sexual behavior they see and have heard of, but these are immoral and unworthy ways of doing things and acting, departures from the right and normal, sometimes disgusting, sometimes ludicrous, and sometimes mysterious. In any event they are marks of standards of a lower class and lesser dignity and respectability than that of the farmers. They are to be repudiated not only for their lack of common sense but for supernatural reasons as well.

Thus the authors heard several instances in which bad luck attended the departure from the usual familistic norm. There was a feeling, sometimes overtly expressed, that at any one time there should be only one sexually active procreant couple in a household. Young and old could well be part of the household in any numbers, but there should be only one adult married couple under one roof. Any other arrangement brought its own punishment and ill luck.

But more often there was identification between the expression of sexual impulse outside the familistic pattern and the debased conduct of the lower ranks of the landless and disreputable of the countryside, the laborers of the towns, the runaways, remnants of broken households. Or else the small farmers put the onus of guilt on other regions "more backward" than their own. At the most, wrong conduct might be the result of some occult compelling force strong enough to break through all sense and caution. The authors were struck with the countryside's version of love charms. In accounts of love charms and love magic, proof of their existence and efficacy was always to be found in the

1:Arensberg & Kimball E-5 (1932-1934) 1940
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183 otherwise unaccountable cases in which a man or woman
577 abondoned farm and fortune and the favor of friends for
832 a sexual attraction. How else to explain, for instance, an old man's senile infatuation, a young boy's indiscourageable devotion to an older woman who could bring him nothing?

583 A word must be said here of the other ways of bringing about marriage than the formal process of family matchmaking. In the last century, to judge from the accounts of the old people, and to follow the testimony of novelists on Irish life, a stage-managed elopement was often resorted to. It was a semi-respectable kind of marriage. The swain and his friends kidnapped the bride out through the window in the night. They took her away from her father's house to the house of an uncle or other relative of the young man's. There dancing and general jollity reigned, and the young couple were feted. Very often all parties seem to have connived at the result. On other occasions, the elopment was obviously designed to bring about a match to which parents objected or to force parents to a decision. Staged elopements of this kind seem now to have died out in Clare, or at least to be rather infrequent. But the difference between this and a true runaway is slight. In the latter case the young couple take matters into their own hands entirely. Throughout the years many couples have eloped, run off to towns and to emigrate without parental blessing. Others have done likewise and returned to get their portions and a delayed parental sanction. Nevertheless one can see that all these forms are mere modifications upon the dominant convention.

583 They too must lead into the familistic pattern. A match
581 must be made, or at least fortunes given and provision for family re-formation made. In cases of premarital pregnancy, the match may be forced or hastened, but it is nonetheless the final and respectable resolution.

11: Browne D-5 (1894) 1895
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from plants growing in the district as formerly, but are imported. 286
There are several weavers in the district, and the clothes are made up by a local tailor. One unusual occupation, that of cloth miller or presser is carried on by a man in Belmullet, who uses a rather primitive press of his own construction.

There is very little regular employment for labourers, except 464
that given by a few of the resident gentry and some of the people of Belmullet. Labourers receive 1*s.* 6*d.* a day, or a 1*s.* and their [465]
food; if at harvest time, threshing or employed at cutting turf, slightly more, about 2*s.* a day.

Little or no work is done by the majority of the men during the [222]
winter months, except to gather a little drift weed along the coast.

The women attend to the ordinary duties of the house, assist at 462
field work and at bringing home turf; they gather and dry carrageen moss (*sphaerococcus crispus*) which they sell at the rate of 2*s.* a stone (unbleached); they also card and spin the wool. Old women often get employment going from house to house oiling, carding, and [887]
spinning the wool for the household; for this work they receive 2*s.* a week and their keep.

2. *Family Life and Customs.*—The general characters of family life 871
are much the same as those of the people of Inishbofin.

The children, who are usually numerous, are sent to school, if at all, at about five years of age; they show plenty of aptness at acquiring knowledge, but as their attendance is very irregular, through their being wanted at home to help their parents, their progress is much impeded. When they reach the age of fourteen or fifteen years they leave school and enter into the regular work of the household until they have attained means either to marry and settle down or to emigrate.

Some few of the girls, after leaving school, go out as domestic 357
servants either in local situations or to England or Scotland.

Both sexes usually marry young, the matches being arranged by 58
the parents, and money rather than romance being the chief element in the case, as a projected marriage is often abandoned owing to disputes between parents without the young people themselves being consulted in the matter. Love-making, except in the case of engaged couples, but seldom occurs, but that it does sometimes happen is [832]
shown by the number and variety of love-charms and omens. As in most other parts of Ireland the majority of marriages occur before Shrove. When full agreements have been made by the parents, the young man goes and asks the girl personally. If he be refused, he does

11: Browne D-5 (1894) 1895
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the fairies. A few years ago the cattle on this farm became ill, and one after another died; the people of the house consulted a "fairy woman," who told them that the cause of the disease was the defiling of the fairies play-ground, by allowing a manure heap on the south side of the house, but that if this were removed that all would be well. Her advice was taken, and from that day forth the illness ceased. Dirty water should not be thrown out at night for fear of offending the fairies. 776

Many of the old customs mentioned by writers of the earlier part of the century have become extinct. People from the mainland no longer bury their dead on Inishglora, and some other customs connected with this island have died out since it became uninhabited; the first that two people could not go together into one of the ruined cells or cloghans without breaking bread between them, neglect of which would cause one of the two to die within the year; the other that every visitor should kiss the wooden statute of St. Brendan.[1] Though these customs have gone, many still continue to exist—wakes, funeral customs, and straw-boys at weddings have been already mentioned; wren hunting is practised, and the "wran-bush" carried round on St. Stephen's Day, as in most other parts of Ireland. On St. John's Eve bon-fires, or Beltain fires, are lighted, and people used to jump through the smoke over them when they got low; many still endeavour on these occasions to take home a live coal to kindle their own fires with. 778 789

The sign of the cross is made over the mouth when yawning to avert evil. Hair-cuttings are carefully put away in a hole in the wall in order that strength may be preserved. 788

The sale of cattle is completed by dipping a stick in dirt, and marking the beasts therewith. 231 432

Girls sometimes try means of discovering what their future husband will be like. The following is a specimen:—On the first sight of the first new moon of the New Year, the girl kneels down and says seven "Our Fathers" and seven "Hail Marys"; then she takes some of the clay from under her left knee and puts it into a left stocking, which she then buries until retiring at night, when she takes it up and sleeps on it to dream of her future husband. 787

There is a love charm of a rather gruesome character which is still 832

[1] It used to be the custom for all ships passing Inishglora to lower top sails in honour of St. Brendan; and it was believed that any man who thrice lifted the statue in his arms was rendered capable of helping women in difficult labours.—O'DONOVAN.

11: Browne D-5 (1894) 1895
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Kilmore

832 believed in, or at least spoken of, though not practised. It is called the spancel, and is thus described by C. O.[1]:—"This spancel, called in Irish 'stheioul dhrum agus tharragh,' signifying the skin of the back and of the belly, consists of a continuous band of skin taken from round the length of the body, viz. from the side of one foot up the outside of that leg and side, over the head and down the other side to the sole of the other foot, up the inside of that leg and down the inside of the other, until the stripe meets where it first set out; it is used as a love charm, and its power is believed to be irresistible, it being only necessary in order to secure the affections of the victim, to tie the spancel round him while asleep; if he does not awake during the operation all *must* turn out to the wish of the operator; if he does awake, he dies before the end of the year, so the poor desired one has no escape." The same author mentions several instances of this, which were said to have occurred shortly before he wrote (1841), one of which, the discovery of three young women taking the spancel off a corpse, is still remembered by some of the older inhabitants. There
312 are several holy wells in the district, but the most famous is the well
778 of St. Brendan, on Inishglora, the water of which is said to remain
823 sweet and pure if drawn by a man, but to turn bloody and become full of worms if a woman has the temerity to take it. Many tales are told of the misfortunes which have happened to women who persisted in drawing water from this well after being warned. There is now resident in Belmullet an old man who lived for some years on Inishglora. This man solemnly declared to the Rev. P. O'Reilly and the writer that he had three times cleared out the well after women had taken water from it, and that on each occasion it was "full of blood and corruption"; he also said that from the time he began to clean out the well until the job was completed no water flowed in, though it began to come as soon as the cleansing was finished. He added that if a woman were left alone on the island with only a male child of a month old, and she wanted to get water, the vessel would have to be held by the child's hand to prevent the water from becoming bloody.

[753] 2. *Charms and Leechcraft.*—Disease is often ascribed to supernatural agencies, and for this reason is often treated by charms or
755 incantations. There are several local "wise" men and women who treat disorders partly by means of charms, partly by herbal and animal remedies. In some cases the idea underlying the treatment

[1] "Erris and Tyrawley," p. 90.

13:Evans K-5 (ca. 1940) 1957
ER6 Rural Irish ER6

285 415 ancient origin. We shall see that it is the way the Boyne curraghs are built, and it is said that the African pygmies make their carrying baskets in similar fashion. For lightness and to facilitate lifting one or more rows of open 'windows' are left in the sides of the creels. Those used for seaweed were sometimes quite open in construction, and like the manure pots they were generally fitted with hinged bottoms for unloading (Fig. 56).

301 524 285 Besides their utilitarian uses, rushes, grasses and straw have long been playthings for young folk who fashion out of them, for love or for luck, many varieties of decorations and emblems. We describe the Briget's Crosses elsewhere (Fig. 85). Harvest knots, twisted out of the ripe straw of harvest, seem formerly [832] to have been in truth love tokens, though now worn merely as buttonholes for the harvest fair (Plate 13). As one might expect, the girls' knots were the more ornate and they differed from those worn by the boys in having the ears left attached. Some exceptionally fine specimens are fashioned out of flax or fine wild grasses. Star-shaped emblems in these materials are also made (Fig. 70). More complicated knots have four or six strand work, but the ordinary knots are in two ply, made by bending the straws sharply over each other at right angles. Before being knotted they make tolerably strong cords: I have experimented with these on unbaked clay pots and find that when impressed in the soft clay they make very good imitations of the 'cord impressions' seen on Bronze Age pottery. I have heard that in Nigeria the same two-ply technique is employed in making roulettes, from the fibres of the wine palm, for decorating the native pottery. Among the many toys and playthings made of rushes we find baskets for wild strawberries and blaeberries, rattles, butterfly cages, fishing nets, caps, bracelets, belts, hatbands, mock-ceremonial whips, canes and swords and imitation birds' feet and flowers, some of which are shown in Fig. 70. Many of them are associated with particular [517] occasions of the year, for example the imitation flowers with Easter and the blaeberry baskets with Garland Sunday (Chapter XIX) but in general they are the products of the infinite leisure of long summer days of cattle-tending in field, bog or mountain. Probably a number of these objects once had a practical value

 [text continues on p. 210]

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

boys and young men (attempts to hold their hands or kiss them, while under the influence of stout). Over a dozen efforts on the part of my wife and me to determine the truth behind the most pernicious rumors of this genre revealed sexual phantasy at their core in every case.

Church influence also is exerted through missions which come to Inis Beag every three to five years. On these momentous occasions, two Redemptorist priests (usually, but also Franciscans, Dominicans, and Passionists) spend a week in the island, where they conduct mass each morning and preach long sermons in the chapel every afternoon or early evening. Everyone—even old people and mothers with newborn infants—is urged to attend to receive the "blessings of the mission;" to some this means gaining time out of Purgatory for themselves or a deceased kinsman, while to others absence carries with it the penalty of damnation. A mission usually has a theme whose variations are explored with high emotion and eloquence by the visiting priests in their exhortations. The most common theme is "controlling one's passions," but abstaining from intoxicating drink and maintaining the faith as an emigrant also are addressed. Collections are made by children to support the endeavor, and a list of contributors and their donations is displayed publicly. It is said that a mission creates an emotionally charged atmosphere in the island which continues for weeks after the departure of the clerics.

The seeds of repression are planted early in infancy by parents through instruction supplemented by rewards and punishments, conscious imitation, and unconscious internalization. Although mothers bestow considerable attention and affection on their offspring, particularly on their sons, physical love as manifested in intimate fondling and kissing is rare in Inis Beag. Verbal affection comes to supplant contact affection by the time that the child can walk. Any forms of direct or indirect sexual expression—masturbation, mutual exploration of bodies, use of either standard or slang words relating to sex, and open urination and defecation —are punished severely by word and deed. Care is taken to cover the bodies of infants in the presence of their siblings and outsiders, and sex never is discussed before children of any age. Separation of the sexes starts within the family among siblings in early childhood, and is augmented by separation in almost all segments of adolescent and adult activity. Brothers come to associate mostly with brothers, and sisters with sisters, at play in and near the cottage, traveling to and from school, and in the chapel. Boys and girls are separated to some extent in classrooms and completely in play at recess. During church services, there is a further separation of adult men and women, as well as boys and girls, and each of the four groups leaves the chapel in its turn. Even on the strand during summer months, male tourists and vacationing emigrants tend to bathe at one end and women at the other, some swimmers change into bathing suits there, under towels and dresses "daringly"—a custom practiced elsewhere in Ireland which bespeaks of sexual catharsis.

Parents and their school age offspring read the popular religious journals found in most homes, and many of the articles therein deal with sexual morality of the Irish Catholic variety. Several times my wife inadvertently inquired as to whether or not certain women were pregnant, using that word before children, only to be "hushed" or to have the conversations postponed until the young people could

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
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831 be herded outside; even then the adults were so embarrassed by the term that they
855 found it difficult to communicate with her. One steamer day she aroused stupefaction among a group of men on the strand when she tried—unsuccessfully—to identify the gender of a bullock about to be shipped off.

831 Lack of sexual knowledge and the prevalence of misconceptions about sex
864 combine to brand Inis Beag one of the most sexually naive of the world's societies. Only three mothers admitted giving sexual instructions, briefly and incompletely, to their daughters. It is said that boys are better advised than girls, but that the former learn about sex informally from older boys and men, and from observing animals covertly. Most islanders who were questioned about how sexual knowledge is imparted to youths expressed the belief that "after marriage, nature takes its course," thus negating the need for anxiety creating confrontations of parents and offspring. I was unable to discover any cases of childlessness in Inis Beag based on sexual ignorance of spouses, as have been reported from other regions of peasant Ireland.

841 Menstruation and the menopause arouse profound misgivings among
886 women of the island, because few of them comprehend their physiological signifi-
[123] cance. My wife was called on by perplexed women to explain these processes more than any other phenomena related to sex. When they reach puberty, most girls are unprepared for the first menstrual flow and find the experience a traumatic one, especially when their mothers are unwilling or unable to explain it satisfactorily.
886 It is commonly believed that the menopause can induce insanity; in order to ward
828 it off, some women have retired from life in their mid-forties and, in at least three contemporary cases, have confined themselves to bed until death years later. Yet the harbingers of "madness" are simply the physical symptoms announcing the menopause, which in Inis Beag include migraine headaches, hot flashes, faintness in crowds and enclosed places, and severe anxiety. Sometimes women who have not yet reached the menopause or have passed it and who fear becoming mentally ill from other causes will experience these symptoms in their anticipatory role playing.

833 As to sexual misconceptions, the folk share with most Western peoples the
[793] belief that men by nature are far more sexually disposed than women. The latter are informed by the curate and in the home that sexual relations with their husbands are a "duty" which must be "endured," for to refuse coitus is a mortal
• [832] sin. Women frequently affix the guilt for male libidinal strivings on the enormous intake of potatoes by their spouses (Among the Anang of Nigeria, men fear the excessive sexual demands of their wives and place the blame on clitoridectomy.). Asked to compare the sexual proclivities of Inis Beag men and women, one woman said, "Men can wait a long time for 'it,' but we can wait a lot longer." There is much evidence to indicate that the female orgasm is unknown or not experienced (or considered a deviant response not to be divulged). A middle-aged bachelor, who considers himself wise in the ways of the outside world and has a reputation for making love to willing tourists during the summer, described the violent bodily reactions of a girl to his fondling and asked for an explanation; when told the "facts of life," he admitted not knowing that women also could achieve climax, although he was aware that some of them apparently enjoyed lovemaking. Inis Beag men

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

or Sean O'Sullivan's recent *Folktales of Ireland*. But a further word must be said of the tales recited by the *seanchaí*. Popular among local legends are those dealing with such topics as the famine, evictions and other excesses of past landlords, visits to the island by the Black and Tans seeking political refugees, shipwrecks, and tragedies at sea among fishermen. Stories of the supernatural center around the actions of fairies, the pookah and banshee, those with the evil eye, phantom ships, mermaids and sea demons, and material objects possessing human attributes and volitions. These local legends sometimes qualify as anecdotes, and it is humorous anecdotes which the folk refer to as jokes. Outsiders—such as returned Yanks—are responsible for introducing true jokes, but often these are not told and soon are forgotten, especially if they are "dirty jokes." There is no indigenous dirty joking tradition because of sexual puritanism. I have heard men use various verbal devices—innuendos, puns, and asides—that they believed bear sexual connotations; relatively speaking, they are pallid. In the song that I composed, one line of a verse refers to an islander who arose late on the morning of the shipwreck after "dreaming perhaps of a beautiful mate;" this is regarded as a highly suggestive phrase, and I have seen it redden cheeks and lower glances in a pub.

Storytelling in the past took place mostly between the last week of October and early January, when inclement weather forced a slackening of the fishing regime, and the Christmas season kept people in and near their homes. Nowadays, card playing almost nightly during November and part of December by many of the men has become a substitute activity, which excludes the participation of women and children who once composed a part of the audience addressed by the storyteller. At any one time during this period, several groups met to hear Inis Beag narrators: a *scéalaí* or *seanchaí* might be visited by a group and serve as host, or he might be invited into or visit on his own another household, and word of his presence would quickly draw an audience. The session lasted from eight or nine o'clock until midnight, and a tale might be so long that its telling occupied an entire evening, or even two or three consecutive nights. After completing a brief narrative, the storyteller might call on a colleague in the audience to recite a sequel, or the hearers might request that he continue or urge another to contribute a tale.

The average sized audience was composed of a dozen persons, although as many as 20 might attend a session. Small children seldom were allowed in the room unless they were members of the family of the host, nor were women of another household; the children were admonished to sit quietly and not to talk or whisper, and the women knitted or crocheted while listening. Seated in a semi-circle around the hearth, the hearers were faced by the narrator who was seated on the right side of the fireplace, and the wife of the host on the left. Refreshments never were served, but a clay pipe was passed around among the men and very old women. The host furnished pipe and tobacco, and the pipe was passed back to him by each person in turn after being puffed on for several minutes. Only if the story was a long one was the pipe proffered by the host to the narrator from time to time.

Most storytellers were men past the age of 60 years, but some were between 40 and 60 and a few even younger. An old narrator of reputation often called on a young man to recite in order to give him practice, if he felt that the

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recess play and movement to and from school. During church services, there is a further separation of adult men and women, as well as boys and girls, and each of the four groups leaves the chapel in its turn. The pubs are frequented only by men or by women tourists and female teachers who have spent several years on the mainland while training and thus are "set apart" (and, of course, by inquisitive female ethnographers). Women occasionally visit the shops to procure groceries, but it is more common for them to send their children to do so, since supplies and drinks are proffered across the same counter, and men are usually to be found on the premises. Even on the strand during summer months, male tourists tend to bathe at one end and women at the other. Some swimmers "daringly" change into bathing suits there, under towels and dresses—a custom practiced elsewhere in Ireland which has overtones of sexual catharsis.

It is often asserted that the major "escape valve" of sexual frustration among single persons in Ireland is masturbation; frustration-aggression theorists, however, would stress the ubiquity of drinking, alcoholism, disputes, and pugnacity as alternative outlets. Pugnacity can also be linked to the widespread problem of male identity. Our study revealed that male masturbation in Inis Beag seems to be common, premarital coitus unknown, and marital copulation limited as to foreplay and the manner of consummation. My wife and I never witnessed courting—"walking out"—in the island. Elders proudly insist that it does not occur, but male youths admit to it in rumor. The claims of young men focus on "petting" with tourists and a few local girls, whom the "bolder" of them kiss and fondle outside of their clothing. Island girls, it is held by their "lovers," do not confess these sins because they fail to experience pleasure from the contact. The male perpetrators also shun the confessional because of their fear of the priest.

We were unable to determine the frequency of marital coitus. A considerable amount of evidence indicates that privacy in the act is stressed and that foreplay is limited to kissing and rough fondling of the lower body, especially the buttocks. Sexual activity invariably is initiated by the husband. Only the male superior position is employed; intercourse takes place with underclothes not removed; and orgasm, for the man, is achieved quickly, almost immediately after which he falls asleep. (I must stress the provisional nature of these data, for they are based on a limited sample of respondents and relate to that area of sexual behavior least freely discussed.)

Many kinds of behavior disassociated from sex in other societies,

Sex and Repression in an Irish Folk Community

Many kinds of behavior disassociated from sex in other societies such as nudity and physiological evacuation, are considered sexual in Inis Beag. Nudity is abhorred by the islanders, and the consequences of this attitude are numerous and significant for health and survival. Only infants have their entire bodies sponged once a week, on Saturday night; children, adolescents, and adults, on the same night, wash only their faces, necks, lower arms, hands, lower legs, and feet. Several times my wife and I created intense embarrassment by entering a room in which a man had just finished his weekly ablutions and was barefooted; once when this occurred, the man hurriedly pulled on his stockings and said with obvious relief, "Sure, it's good to get your clothes on again." Clothing always is changed in private, sometimes within the secrecy of the bedcovers, and it is usual for the islanders to sleep in their underclothes.

Despite the fact that Inis Beag men spend much of their time at sea in their canoes, as far as we could determine none of them can swim. Four rationales are given for this deficiency: the men are confident that nothing will happen to them, because they are excellent seamen and weather forecasters; a man who cannot swim will be more careful; it is best to drown immediately when a canoe capsizes far out in the ocean rather than swim futilely for minutes or even hours, thus prolonging the agony; and, finally, "When death is on a man, he can't be saved." The truth of the matter is that they have never dared to bare their bodies in order to learn the skill. Some women claim to have "bathed" at the back of the island during the heat of summer, but this means wading in small pools with skirts held knee-high, in complete privacy. Even the nudity of household pets can arouse anxiety, particularly when they are sexually aroused during time of heat. In some homes, dogs are whipped for licking their genitals and soon learn to indulge in this practice outdoors. My wife, who can perform Irish step-dances and sing many of the popular folk songs, was once requested to sing a seldom-heard American Western ballad; she chose "The Lavendar Cowboy," who "had only two hairs on his chest." The audience response was perfunctory and, needless to say, she never again was "called out" to sing that particular song.

The drowning of seamen, who might have saved themselves had they been able to swim, is not the only result of the sexual symbolism of nudity; men who were unwilling to face the nurse when ill, because it might have meant baring their bodies to her, were beyond help when finally treated. While my wife and I were on the island, a nurse was assaulted by the mother of a young man for diagnosing his illness and